

## Halo and Halo Vest

The Halo is a brace that is used following an injury to the bones of the neck. It is designed to stabilize the neck in a fixed position and totally immobilize it until healing occurs. This helps to minimize any additional injury to the neck and spinal cord.

The Halo brace is made up of three parts: the “ring”, the “vest”, and the “superstructure”.

- Ring (sometimes called the “crown”): the part that encircles the head and is secured to the skull with four pins.
- Vest: a plastic mold that fits around the trunk of the patient, usually lined with fleece.
- Superstructure: the rods and connectors that attach the “ring” to the “vest”.

### How To Use Your Halo

- Wear your Halo constantly and consistently according to your physicians instructions.

### How to Care for Your Halo

- The booklet that your orthotist gives you is written by the manufacturer of the halo system. It will give you instructions about skin and pin care while wearing a Halo. It is very important that you read the booklet and then follow any special instructions given to you by your physician and orthotist.
- Have a relative or friend become familiar with the care instructions: some of these procedures are most easily performed by a second person.
- NEVER adjust the Halo or loosen the straps. It is not unusual for minor adjustments to be needed to ensure a good fit: but these should ONLY be preformed by your orthotist or physician.

### Important Notes

A Halo and Halo Vest are very specialized devices. It is VERY important to keep all follow-up appointments made by your orthotist. Please call and schedule an appointment if any unexpected problems occur.

### Special Instructions (if Applicable)

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